

UM CHARLES
REGIONAL
MEDICAL
CENTER



UNIVERSITY
of MARYLAND
MEDICAL
SYSTEM

STROKE AMBASSADOR PROGRAM

Spot a Stroke. Stop a Stroke. Save a Life.



Become a Community Champion for Stroke Awareness

UM Charles Regional Medical Center invites community members to participate in our Stroke Ambassador Program, a comprehensive educational experience designed to improve stroke awareness and save lives throughout **Charles County**.



WHAT YOU'LL LEARN



How to recognize the warning signs and symptoms of stroke



The importance of **BEFAST** when a stroke occurs



Stroke prevention strategies to reduce risk



Available stroke treatment options and the benefits of early intervention



How to educate others about stroke awareness in your community



BECOME A STROKE AMBASSADOR

Upon completion of this 2-hour program, participants will receive educational materials and tools to help share stroke awareness information with family members, friends, workplaces, faith-based organizations, and community groups.



Together, we can improve the health and knowledge of **Charles County** residents through greater awareness of stroke recognition, prevention, and treatment.

EVENT DETAILS



DATE:
November 18, 2026



TIME:
1:00 PM to 3:00 PM



LOCATION:
Nagula Classrooms
UM Charles Regional Medical Center



COST:
Free



**REFRESHMENTS
WILL BE SERVED**



REGISTRATION REQUIRED

Registration is limited to the

**FIRST 40
PARTICIPANTS.**

PARTICIPANTS WILL LEAVE WITH:



Increased knowledge of stroke recognition, prevention, and treatment



Educational resources and community outreach materials



The skills and confidence to share life-saving stroke information throughout Charles County



REGISTER TODAY
Help Save Lives Through
Education and Awareness



FOR RESERVATIONS, CALL
Mary Levy at 301-609-4415



or email at
mary.levy@umm.edu

