

TEEN COURT NEWSLETTER

June 2026

Partner Spotlight: BoundlessHer

Written By: Cerise Woodard, RN, Founder of BoundlessHer

BoundlessHer is an awareness, prevention, and advocacy organization focused on helping individuals and communities recognize manipulation, exploitation, unhealthy relationship dynamics, and other hidden vulnerabilities before harm occurs.

Founded by forensic nurse and speaker Cerise Woodard, BoundlessHer educates and empowers young women to recognize red flags, build confidence, strengthen boundaries, and live boundless lives. Through speaking engagements, community partnerships, trainings, workshops, and prevention-focused resources, the organization also equips parents, schools, healthcare professionals, faith communities, and other trusted adults with practical tools to strengthen awareness, improve prevention efforts, and better recognize and support individuals impacted by exploitation, violence, and vulnerability.

One of those resources is *Say It First: Tools to Talk to Your Teen Before They're Targeted*, a conversation guide designed to help trusted adults start protective conversations with teens before manipulation, grooming, exploitation, or harm occurs.

As routines shift during the summer months, youth may experience greater independence, increased online activity, new social environments, and less day-to-day supervision, all of which can increase vulnerability if protective conversations are absent. A few ways trusted adults can help this summer include:

- Keep conversations open and judgment-free.
- Use music, social media, or current events as natural conversation starters.
- Teach youth to recognize controlling or manipulative behaviors both online and in everyday relationships.
- Remind them they can ask for help without fear or shame.

At BoundlessHer, we believe prevention starts with awareness, connection, and courageous conversations long before a crisis occurs.



Website: boundlessher.com

Instagram: [@boundlessherofficial](https://www.instagram.com/boundlessherofficial)

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UPCOMING CLASSES

Mother Daughter Series - Waldorf

Join us for an uplifting session designed to help you recharge, refocus, and step into your full potential this season.

Next Class: Tuesday, June 09, 2026

Location: CCSO Headquarters Building

Registration is Required
but Teen Court Classes
are FREE!

Have you checked out our website lately?



The main page has information on the Teen Court Program including information for parents and respondents, information on how to volunteer, a summary of Teen Court roles, and more.

If you click the Events & Resources link at the top of the page, you will find upcoming Teen Court Classes, the latest newsletters, community events, and lists of local resources.

Visit the website below or scan the QR code to check it out today!
ccso.us/community/youth-outreach/teen-court

Teen Court Website



If you would like to subscribe to the Teen Court Newsletter, use the subject 'Teen Court Newsletter' to one of the contacts below:

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