

TEEN COURT NEWSLETTER

May 2026

Getting Ready for Summer

Written By: Elizabeth Saam, School Counselor at Westlake High School

There is a lot going on at school and at home as the school year begins to come to a close. Whether it is preparing for standardized testing, ensuring final grades meet the mark to promote to the next grade, or winding down rigorous courses, students are still hard at work. Parents are working on summer care through camps, figuring out how to transport their child to summer school, or putting final details on vacation plans. As things are busy, it is important to take a moment to breathe and reflect on how to best support each member of the family over the summer season.



Summer is a time to refocus priorities, rejuvenate for the next school year, and lean into one another as a family. As you prepare for the summer, begin to set goals for life outside of school. These may be focused on implementing mindfulness strategies, engaging in new hobbies, or scheduling something fun together each week.

A few things that might support this work include:

1. Create a light schedule for each day/week.
2. Keep the “learning muscle” active.
3. Explore careers and interests (CCPS students can use Xello throughout the summer).
4. Prioritize mental health and emotional check-ins.
5. Support physical health and balance.
6. Set 1–3 personal summer goals.
7. Strengthen independence and responsibility.

The biggest thing to keep in mind as the weather warms up and the days get longer is to enjoy the time together. Small moments can make big memories—so pull out the sprinkler, make some lemonade, or even dig in the dirt. Now is the time to begin leaning in and loving big.

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Thank you for celebrating
25 years of Teen Court!



DID YOU KNOW?



Charles County Teen Court runs all year round! Teen Court is an excellent way for students to earn Community Service Hours for their Senior Portfolios or groups like National Honors Society, even during the summer months.

Teen Court partners with local experts to host information sessions for parents, foster parents, guardians, and educators on a variety of topics. Many of these presentations can also be brought to other venues, like HOA meetings, schools, and more!



If you would like to subscribe to the Teen Court Newsletter, use the subject 'Teen Court Newsletter' to one of the contacts below:

Sarah Vaughan
Teen Court Coordinator
vaughans@ccso.us

Heather LaBelle
Teen Court Specialist
labelleh@ccso.us

For more information on
Upcoming Classes & Events,
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Teen Court Website