

ALL ARE WELCOME TO JOIN US

# COMMUNITY WALK OR ROLL



UM CHARLES  
REGIONAL  
MEDICAL  
CENTER



**May 9, 2026**

**Check-in: 11:00 am**

**Walk starts at: 11:30 am**

**Event ends: 1:00 pm**

**Location - Indian Head Rail Trail - Theodore Green Blvd.**



Free and open to all ages!

Enjoy blood pressure checks, educational materials,  
and info on advance directives.