

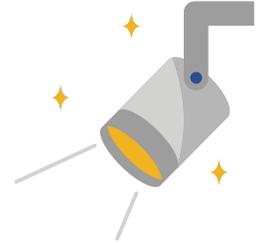
TEEN COURT NEWSLETTER

March 2026

Partner Spotlight: The Judy Center

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The Charles County Judy Center is a community-focused early learning hub operated through Charles County Public Schools. It serves families with children from birth through age five who live in the attendance zones for Dr. Samuel A. Mudd, Eva Turner, JP Ryon, and Indian Head elementary schools. Funded by state grants and supported by the Maryland State Department of Education, the center's mission is to promote school readiness and support the healthy development of young children before they enter prekindergarten and kindergarten — socially, emotionally, and physically — at no cost to participating families.

At the heart of the Judy Center's work are playgroups, family engagement activities, and developmental support that encourage early learning through interaction and exploration. Beyond direct services for children, the Judy Center also links families with community partners for referrals to health screenings, adult education and English classes, parent workshops, and early intervention identification. These integrated supports reflect the Judy Center model's belief that families are children's first teachers and that a collaborative approach strengthens both children and their caregivers.

Named in honor of early childhood advocate Judith P. Hoyer, the Judy Center model began in Maryland in 2000 to bridge gaps in early childhood education. Over the years, four Judy Centers in Charles County have become important community resources, helping families connect, learn and prepare children for success in school and beyond.

Check out the Judy Center's Website for more information, including eligibility requirements at judycenter.ccboe.com



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Get Ready For Spring

Spring begins March 20th but it's not too early to prepare for springtime. Here are some tips and tricks to try this spring.



- Daylight Savings is March 8th, try shifting bedtimes 15 minutes earlier for a few nights prior to help with the adjustment.
- Ask teens to clear out anything that doesn't fit or they haven't worn this school year to help kick off your spring cleaning.
- Fresh air is proven to lower stress. Enjoy the warmer weather and check out a Charles County Park Trail for a quick mental reset.
- Warmer days and spring sports make hydration essential. Boost your intake with water-rich snacks like cucumbers, radishes, and strawberries.

UPCOMING CLASSES

Pillars of Health - La Plata

This class for adults will cover the 4 Pillars of Health because a healthier you is their strongest foundation.

Next Class: Monday, March 23, 2026

Location: CCSO Headquarters Building

Mother Daughter Series - La Plata

Learn and experience the benefits of mediation, movement, and showing empathy to each other. This session's theme is Be Expressive!

Next Class: Tuesday, April 21, 2026

Location: CCSO Headquarters Building

For more information on
Upcoming Classes & Events,
check out our website:



Teen Court Website

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