

UM CHARLES
REGIONAL
MEDICAL
CENTER



Stroke & Brain Injury Support Group

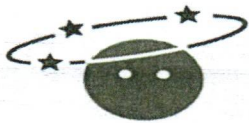
Charles Regional Medical Center offers a **FREE support group** for survivors of stroke or traumatic brain injury and their caregivers. Each hour session may consist of a variety of activities, educational materials, guest speakers, a question-and-answer period, and time for socializing.

UM Charles Regional Medical Center is a Primary Stroke Center certified by the Maryland Institute for Emergency Medical Services Systems. To learn more about the stroke support group, and for meeting details and topics, please call 301-609-4890 or email skhoo@umm.edu.

KNOW THE SIGNS OF STROKE

B E F A S T

Balance
Loss



Eyesight
Changes



Face
Drooping



Arm
Weakness



Speech
Difficulty



Time to
call 911



Acting FAST is key to stroke survival. Don't drive!
Call 911 IMMEDIATELY if you see any of these signs.