TEEN COURT NEWSLETTER



September 2025

Partner Spotlight: Local Management Board

Written By: Jessica Gross, Local Care Team Coordinator

Back to School Season: a time of new beginnings, new opportunities, and new challenges—which makes going Back to School the perfect time to build resilience for the new school year! **RESILIENCE** can be defined as the **Strength**, **Skills**, and **Resources** that help you to thrive in life-changing and stressful situations! Building resilience starts with creating an environment that helps you and your family to face the new school year effectively!

Whether its enrolling in extracurricular/recreational activities to help enhance your mood, starting therapeutic counseling sessions to learn useful coping skills, or finding family peer support to achieve your family goals—building resilience is possible no matter what comes your way this school year!

The Charles County Advocacy Council for Children, Youth, and Families (CCACCYF) can assist with connecting you to resilience-building organizations to help you, and/or your family to succeed!

Here are a few programs available to Charles County residents:

Local Care Team with CCACCYF/LMB

Available to families with school-aged children experiencing mental or emotional difficulties.

Youth Intervention & Engagement

with Center for Children
Available for unemployed youth, ages
16-24 who are not in school.

Family Navigation

with Maryland Coalition of Families
Available to parents, caregivers, or families
struggling to navigate local services and resources.

In-Home Intervention Program

with Cornerstone Southern Maryland

A 15-month program available for children, ages 5-17, in therapy who need additional mental health and family functioning support.

RecAssist with Charles County Recreation, Parks & Tourism Limited funding available for eligible families seeking recreational activities.

Feel free to contact the Local Management Board for more information on the programs above and other services your family may be looking for at 301-396-5241 or CCACCYF-LMB@charlescountymd.gov

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UPCOMING CLASSES

Communication Skills -La Plata

Learn about different types of communication and work to improve skills with interactive exercises

Next Class: Tuesday, September 16, 2025 Location: CCSO Headquarters Building

Mother Daughter Series - La Plata

Learn and experience the benefits of mediation, movement, and showing empathy to each other. This session's theme is Be Kind!

Next Class: Tuesday, October 07, 2025 Location: CCSO Headquarters Building

UPCOMING EVENTS

<u>2nd Annual Hygiene Drive - September 22nd through October 3rd, 2025</u>

Help Teen Court collect hygiene supplies for our local community schools to distribute to students and families. Reach out to the Teen Court Unit to drop off donations.

<u>Items being collected include:</u>

Body Wash/Soap Deodorant Feminine Products Laundry Detergent Lotion Shampoo/Conditioner Toothbrush Toothpaste



For more information on Upcoming Classes & Events, check out our website:





If you would like to subscribe to the Teen Court Newsletter, use the subject 'Teen Court Newsletter' to one of the contacts below:

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