

Adaptive Gymnastics



People with disabilities learn basic gymnastics skills on men's and women's gymnastics events to enhance balance, movement, and coordination in a social and inclusive atmosphere!

ELITE GYMNASTICS & RECREATION CENTER

THURSDAYS • 4:00-4:45 PM • ALL AGES

SEPT. 4-OCT. 23

**RESIDENT FEE: \$135
NON-RESIDENT: \$145**

NOV. 6-DEC. 18

**RESIDENT FEE: \$100
NON-RESIDENT: \$110**



Learn more and register online
at [CharlesCountyParks.com](https://www.CharlesCountyParks.com).



Charles County Department of Recreation, Parks, and Tourism

107 Centennial St., Suite A, La Plata, MD 20646

301-932-3470 • MD Relay Service: 7-1-1 (TDD: 1-800-735-2258) • www.CharlesCountyParks.com



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