



Class hosted by
Teen Court & Michelle Gordon
with Omm Works



MOTHER DAUGHTER SERIES

Come join us in a safe, fun, all-inclusive environment!

This session's focus: Be Powerful
Focus on dreams, goals, and how to
achieve the goals you set!

Experience the benefits of:

Positive Self-Image Dance Movement
Yoga Meditation Breathing Techniques



Session Information:

Date: Tuesday, June 03, 2025
Time: 6:00pm-7:15pm
Location: CCSO Headquarters Building
6915 Crain Highway, La Plata, MD 20646

To Register Contact:

Sarah Vaughan, Teen Court Coordinator
301-609-3916 or vaughans@ccso.us

Teen Court Classes are provided for the enrichment and educational benefit of the youth in our community and are offered at no cost to participants. Any youth attending these classes must be accompanied by a parent or guardian.