

# DIABETES 101



## Join Us for a No-Cost Education Course

The Diabetes 101 Class has been added to serve the uninsured or underinsured to build a foundation of knowledge for participants to manage diabetes. It is a small group session that reviews the basic principles of managing diabetes, insulin administration, and glucometer teaching. This program does not require a doctor referral.

Please call Palon Moon at  
301-609- 4925 to register!

### AVAILABLE DATES

1:00 PM

January 11, 2024

March 14, 2024

May 9, 2024

July 11, 2024

September 12, 2024

November 14, 2024



Interested? [Contact us](#) today for additional information.

**DiabetesCenter@umm.edu | 301-609-5444**