

TEEN COURT NEWSLETTER

March 2024



March is National Reading Month

“Access to and availability of digital media has changed the world and certainly how we read and consume information in our free time. Current research on reading skills and reading habits among adults and teenagers echoes this idea. While one may suggest that people are just reading books, magazines, or news articles on their devices (rather than using traditional media), research tells a different story.

In the past decade, there has been a steady decline in reading for pleasure. Despite the ease of access, people today are reading less compared to past generations. Although reading statistics suggest a steady decline in reading long-form texts, the benefits of reading remain undeniable. There is more value to reading a book than just immersing yourself in a good story.”

Benefits of reading for kids and teens include:

Improved Focus

Developing Imagination

Improved Comprehension

Improved Concentration

Improved Vocabulary

Strengthen Writing Skills

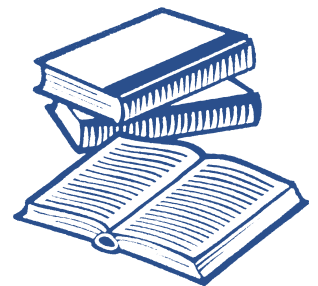
Mental Stimulation

Improved Analytical Skills

Stress Reduction

Some ways to encourage teens to read more:

- Be an Example and Read as a Family
- Get Suggestions from BookTok and YouTube Book Videos
- Visit A Library
- Find a Book Club for Teens
- Read A Book Then See The Movie



Source: www.familyeducation.com

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Looking for opportunities to expand your knowledge base & skills?

UPCOMING CLASSES

Mother Daughter Series - La Plata

Learn and experience the benefits of mediation, movement, and showing empathy to each other. This session's theme is Be Creative!

Next Class: Monday, March 11, 2024

Location: CCSO Headquarters Building

Internet Safety for Families - La Plata

Teens can learn about being a good digital citizen from an expert with University of Maryland Extension.

Next Class: Tuesday, April 09, 2024

Location: CCSO Headquarters Building

Mother Daughter Series - La Plata

Learn and experience the benefits of mediation, movement, and showing empathy to each other. This session's theme is Be Powerful!

Next Class: Tuesday, April 30, 2024

Location: CCSO Headquarters Building

Healthy Living - La Plata

Parents and Caregivers can learn about the basics of stress management, self-care, nutrition, and the importance of exercise.

Next Class: Tuesday, March 19, 2024

Location: CCSO Headquarters Building

UPCOMING FUNDRAISERS

Pizza Hotline - La Plata Location

- March 19th
- April 22nd
- May 27th

Chipotle - La Plata Location

- May 07th



If you would like to subscribe to the Teen Court Newsletter, use the subject 'Teen Court Newsletter' to one of the contacts below:

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For more information on
Upcoming Classes & Fundraisers,
check out our website:



Teen Court Website