

FOOTBALL
Health History/ General Information:

Childs Full Name: _____

DOB: _____ Age: _____ Gender: _____ School: _____

Address: _____

Mother's full name: _____

Telephone: (home) _____ (cell) _____ (work) _____

Father's full name: _____

Telephone: (home) _____ (cell) _____ (work) _____

Health Insurance Company: _____

Policy Number: _____

Please attach a photocopy of both sides of the insurance card. If you do not have medical insurance enter "none" above.

Alternate Emergency Contact: (in case parents cannot be reached)

Alternate contact: _____ Relationship: _____

Telephone: (home) _____ (cell) _____ (work) _____

Alternate contact: _____ Relationship: _____

Telephone: (home) _____ (cell) _____ (work) _____

Health History:

Known allergies to Medications, Food, Plants, Insect bites or stings: (list reaction)

Please list any medical concerns or health history that you feel we should know about your child:

Child's full name: _____

Medications:

List all medications used, including over-the-counter medications:

(include medication name, dose, frequency and reason medication is taken)

If no medications are taken then write "none" in the space below

Bring medications in the original containers and prescription bottles. Make sure that they are NOT expired, including inhalers and EpiPens. The camp nurses are not allowed to administer the medications to your child, except in an emergency situation. Make sure your child is familiar with the medication and how to properly administer it. We request that at the start of the camp day all medications that are brought to camp will be held at the nurse's station and returned to you at the end of the camp day. The nurses will be available to discuss any health concerns you may have about your child.

The majority of children that come to the Nurse's station are for dehydration. Please make sure your child is having a healthy breakfast and drinking water prior to coming to camp. The drink containers should be filled with either water or Gatorade. Please do not allow your child to bring soda to camp. This increases the likelihood of dehydration as they exercise. Water is always available for your child and encouraged readily by all staff members to drink frequently during the day.